MENU

WEEK ONE

Monday

Sausage Roll (G, SO SU), new potatoes and beans
OR
(V)Vegan sausage Roll (G, SO SM) new potatoes and beans

(V)Fresh fruit sticks
OR Yogurt OR Fruit

Tuesday

(V)Cheese & tomato and mixed pepper pizza (G, MI), Potato wedges & veg

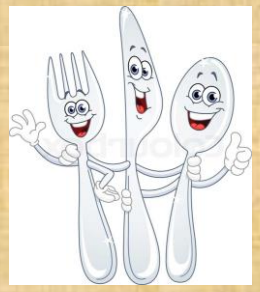
(V)Fruit crumble (G, E, MI, SO) & cream (MI) OR Yogurt OR Fruit

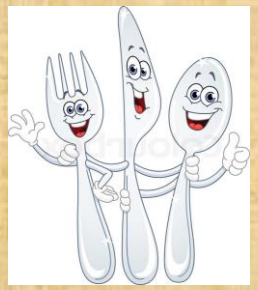
Thursday

Cottage Pie (MI) and veg
Or
(V) Vegan Cottage Pie (SO, MI) and veg

(V) Shortbread (G)
OR Yogurt OR Fruit

Wholemeal bread is available daily





ALLERGEN INFORMATION:

CONTAINIG: (G) GLUTEN, (E) EGG, (MI) MILK, (C) CELERY, (F) FISH, (MU) MUSTARD, (SU) SULPHITES, (SO)SOYA, (N) TREE NUTS, (L) LUPIN, (SE) SESAME SEEDS, (O) OATS, (SM)SODIUM Metabisulphite, (B) BARLEY

Due to purchasing issues it may be necessary on occasions to offer suitable alternatives to those shown on the menu.

A Gluten free or Dairy free alternative is available for those who require it.

Wednesday

Roast chicken, creamy mash potato (MI), veg & gravy
OR
(V)Quorn fillet (G), creamy mash potato (MI)
Veg & gravy

(V) Creamy Mousse (MI)
OR Yogurt OR Fruit

HOT ALTERNATIVE

(V) Fresh Jacket potatoes available daily.
Monday / Wednesday / Friday – Cheese
Tuesday / Thursday – Baked Beans
OR
COLD ALTERNATIVE
(V) Pasta with Homemade Tomato sauce (G).
Both served with salad.

Friday

Fish Cake (F, G), Chips & Peas
OR
(V)Vegetable burger, Chips & Peas

(V)Cake of the day (G, E)
OR Yogurt OR Fruit

MENU

WEEK TWO

Monday

Chicken nuggets (G, C), Mash potato (MI) & Spaghetti hoops (G).

OR

(V)Vegetable fingers, Mash potato (MI) & Spaghetti hoops (G)

(V)Fresh fruit sticks

OR Yogurt OR Fruit

Wholemeal bread is available daily

Tuesday

(V)Cheese & tomato pizza (G, MI), Potato wedges & veg

(V)Fruit crumble (G, E, MI, SO) & cream (MI) OR Yogurt OR Fruit

Thursday

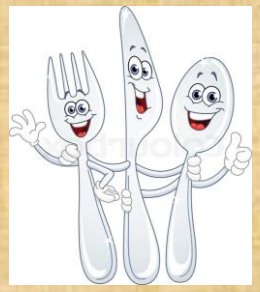
Spaghetti bolognaise (G) & veg

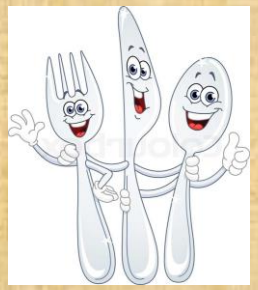
OR

(V) Broccoli, potato and cheese quiche (G, E, MI) & veg

(V)Cocoa cookie (G)

OR Yogurt OR Fruit





ALLERGEN INFORMATION:

CONTAINIG: (G) GLUTEN, (E) EGG, (MI) MILK, (C) CELERY, (F) FISH, (MU) MUSTARD, (SU) SULPHITES, (SO)SOYA, (N) TREE NUTS, (L) LUPIN, (SE) SESAME SEEDS, (O) OATS, (SM)SODIUM Metabisulphite, (B) BARLEY

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Wednesday

Roast chicken, new potatoes, veg & gravy

OR

(V)Quorn fillet (G), New potatoes,

Veg & gravy

(V)Mousse (MI)

OR Yogurt OR Fruit

HOT ALTERNATIVE

(V) Fresh Jacket potatoes available daily.

Monday / Wednesday / Friday – Cheese

Tuesday / Thursday – Baked Beans

OR

COLD ALTERNATIVE

(V) Pasta with Homemade Tomato sauce (G)

Both served with salad.

Friday

Fish fingers (F, G), Chips & Baked beans.

OR

(V)Vegetable burger, Chips & Baked beans.

(V)Cake of the day (G, E)

OR Yogurt OR Fruit

MENU

WEEK THREE

Monday

Beef burger, new potatoes & beans

OR

(V)Meat free burger, new potatoes & beans (SO, B)

(V) Fresh fruit sticks

OR Yogurt OR Fruit

Tuesday

Chicken meatballs in tomato & herb sauce with rice & veg

OR

(V)Vegan balls in tomato & herb sauce (SO) with rice & veg

(V)Fruit crumble (G, E, MI, SO) & cream (MI)

OR

Yogurt OR Fruit

Thursday

Cowboy pie (sausages, baked beans, onions, peppers & mushrooms topped with potato) (MI, G, SU) & veg

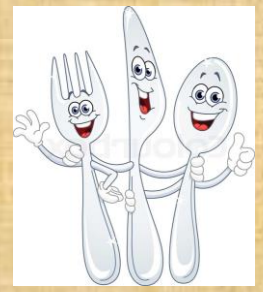
OR

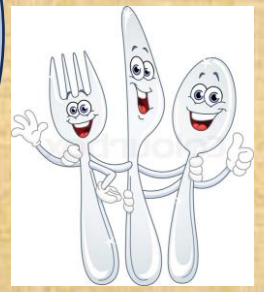
(V) Vegan cowboy pie (SU, SO) & veg

(V)Raisin cookie (G)

OR Yogurt OR Fruit

Wholemeal bread is available daily





ALLERGEN INFORMATION:

CONTAINIG: (G) GLUTEN, (E) EGG, (MI) MILK, (C) CELERY, (F) FISH, (MU) MUSTARD, (SU) SULPHITES, (SO)SOYA, (N) TREE NUTS, (L) LUPIN, (SE) SESAME SEEDS, (O) OATS, (SM)SODIUM Metabisulphite, (B) BARLEY

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Wednesday

Roast chicken, Roast potatoes, veg & gravy

OR

(V)Cauliflower cheese (MI), Roast potatoes, Veg & gravy

(V)Mousse(MI)

OR Yogurt OR Fruit

HOT ALTERNATIVE

(V) Fresh Jacket potatoes available daily.

Monday / Wednesday / Friday – Cheese

Tuesday / Thursday – Baked Beans

OR

COLD ALTERNATIVE

(V) Pasta with Homemade Tomato sauce (G)

Both served with salad.

Friday

Crispy Fish (FI, G), Chips & peas

OR

(V)Vegetable burger, Chips & Peas

(V)Cake of the day (G, E)

OR Yogurt OR Fruit